

PICS resources quick-guide

Some of our most popular resources for families

Starting and during treatment

Scan the QR codes to access digital copies of each resource.

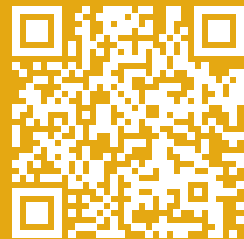
Diagnosis and treatment
booklet



Medication
information sheets



Eating well
during treatment



Physical activity
booklet



High energy food
and drink



Blood tests and
blood counts



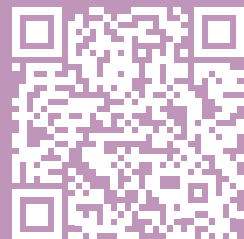
Tips for parents and
carers, from parents



Mouthcare during
treatment



Taste, texture,
and smell changes



To explore all of our resources, visit www.vics.org.au/pics/resources.

To explore external services and supports that may be helpful for Victorians affected by childhood cancer, visit www.vics.org.au/pics/helpful-info.

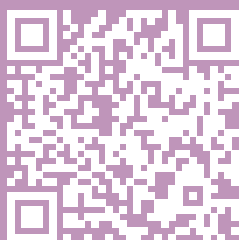
PICS resources quick-guide

Some of our most popular resources for families

Finishing and after treatment

Scan the QR codes to access digital copies of each resource.

Coming off treatment
handbook



Healthy living after
treatment



Immunisations after
cancer treatment



Education & socialisation
after childhood cancer
(preschool)



Education & socialisation
after childhood cancer
(primary school)



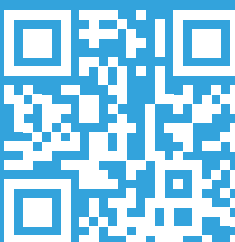
Education & socialisation
after childhood cancer
(high school)



Community supports
after treatment



Survivorship information
for families
(video playlist)



Late effects -
Thinking, learning, &
neuropsychology



To explore all of our resources, visit www.vics.org.au/pics/resources.

To explore external services and supports that may be helpful for Victorians affected by childhood cancer, visit www.vics.org.au/pics/helpful-info.

Disclaimer: This information is for educational purposes only and should not be seen as a substitute for advice from your doctor or other professional healthcare providers. If you have specific questions about the content of this information, or any other medical matter, it is recommended that you consult your doctor or other professional healthcare provider. This information is considered to be true and correct at the date of publication, however changes in circumstances after the time of publication may impact on the accuracy of this information.

This resource has been developed by the Victorian Paediatric Integrated Cancer Service (PICS) (© 2025). Interested in adapting or translating PICS resources or publications? Visit www.vics.org.au/pics for more information, or email us at pics.admin@rch.org.au.



The Victorian Integrated
Cancer Services are supported
by the Victorian Government

