



Follow-up appointments

Members of your cancer care team will speak with you about your follow-up care appointments and what fits best for you.

Your follow-up care will depend on the type of cancer and treatment you have had and your personal preferences.

Your appointments may continue for several years. It is common for the specialist/team to see you every few months initially. These visits may gradually stretch out to half-yearly and eventually yearly.

Some cancer teams have shared care follow-up programs that link metropolitan cancer teams with rural and regional cancer teams; some cancer teams have shared care links with general practitioners and other community groups.

Treatment summaries/survivorship care plans

Your cancer treating team may provide you with a treatment summary or survivorship care plan at the end of your active treatment. This is something you can also request.

This summary or plan may include the following important details:

- tests performed and test results
- diagnosis details
- cancer (tumour) characteristics
- treatment – types and dates
- current and longer-term treatment related side effects
- late effects of treatment
- psychological and social impact
- supportive care services
- symptoms of concern
- follow-up plans
- tips on maintaining health and wellbeing