

Your contact person from the multidisciplinary team is:

Name:

Phone:

If you have any questions or concerns about multidisciplinary care or the multidisciplinary team, please discuss this with your doctor or the above contact person.

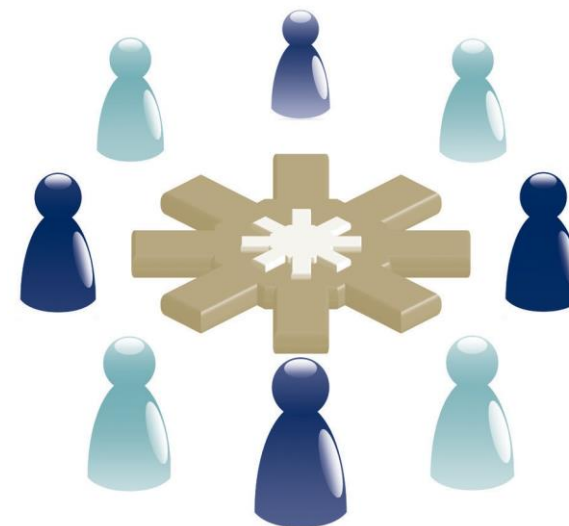
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Connecting cancer care, driving best practice and improving patient outcomes

MULTIDISCIPLINARY CARE

Information on care planning for patients with a new or suspected diagnosis of cancer in southern Melbourne



Multidisciplinary Care

This information has been developed by the Southern Melbourne Integrated Cancer Service to describe multidisciplinary care, the purpose of the multidisciplinary team (MDT) and to provide you with an MDT contact.

What is multidisciplinary care?

The aim of multidisciplinary care is to ensure that the relevant doctors, nurses and allied health professionals come together to discuss all aspects of your physical, psychological and social needs in order to develop your treatment and ongoing care plans at each stage of your cancer journey.

What is a multidisciplinary team?

A multidisciplinary team (MDT) is a group of health professionals with a broad range of skills who meet to discuss treatment options and develop an individual treatment plan for you. This allows the team to provide a plan tailored to your needs, taking into account your preferences and circumstances.

The multidisciplinary team may consist of:

- specialist doctors or surgeons
- medical oncologists (doctors who specialise in chemotherapy)
- radiation oncologists (doctors who specialise in radiotherapy)
- nurse specialists
- pathologists (specialists in analysing cancer cells)
- radiologists (specialists in reading medical imaging such as x-rays or CT scans)
- other health professionals, such as dietitians, speech pathologists, physiotherapists, occupational therapists and social workers

What is a multidisciplinary team meeting?

The MDT meeting involves this team of specialists, who may or may not be directly involved with your care, coming together to provide expert opinion on your diagnosis, treatment and care.

Who receives this service?

Patients who are discussed at an MDT meeting may include those who have a new or suspected diagnosis of cancer, or need a range of treatments.

Your specialist or their representative will inform you of the MDT meeting and that your care is to be discussed.

What happens after the MDT meeting?

After reviewing your tests and physical examination results, the MDT members will propose a treatment plan. Your specialist or their representative will contact you to discuss the recommendations made at the meeting and the next steps in your care.

Your GP will also be contacted regarding the meeting outcomes.