

# Diagnosed with Prostate Cancer?

Need to chat with someone, or want more information? Help is only a phone call away.



## Prostate Cancer Foundation Australia

Speak to a prostate cancer nurse in person\*\*, or over the phone. Link up with 'Mates Connect' to speak over the phone with someone who has been in a similar position. Or connect with a Prostate Support Group to meet up with others with a prostate cancer experience.



[www.prostate.org.au](http://www.prostate.org.au)



1800 220 099

## Cancer Council Victoria

Cancer Council's nurses can help you and your loved ones find the right support when you need it most. Access financial counselling, connect with a trained volunteer who has had a similar cancer experience, find a support group near you and much more.



[www.cancervic.org.au](http://www.cancervic.org.au)



13 11 20

\*\*if available in your region

## Resources to help you make sense of your diagnosis

Scan the QR codes below to access resources to help you with your diagnosis. If you can't access the QR code ask your health professional for assistance.



[Prostate Cancer: a guide for newly diagnosed men](#)

Prostate Cancer Foundation Australia



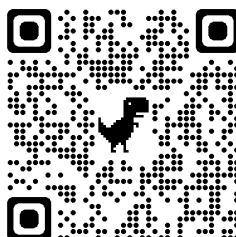
[Guides to Best Cancer Care - Prostate Cancer](#)

Cancer Council



[Understanding Prostate Cancer: a guide for people with cancer, their families and friends](#)

Cancer Council



[Video - A Common Path: Prostate Cancer](#)

North Eastern Melbourne Integrated Cancer Service